Elementary School

OCTOBER 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
2 Pancakes, Ham	3 Oatmeal w/ Blueberries, Gogurt	4 Cinnamon Roll, Banana, Bacon	5 Pancakes, Sausage Patty	6 Cheese Stick, Cereal
Roast Turkey Tater Tots, Mixed Fruit w/ Whipped Topping,	Cheeseburger on a WG Bun, Carrots, Peaches	Lasagna Roll-Up, Green Beans, Dinner Roll, Mandarin Oranges	Pulled Pork Sandwich, Corn, Spanish Rice, Strawberries	NO LUNCH
9 NO	10 Bacon & Cheese Biscuit	11 Veggie Omelet, Slice of Bread	12 Pancake Pup	13 Cereal, Gogurt
SCHOOL Columbus Day	Cheeseburger on a WG Bun, Mixed Vegetables, Banana	Beef Stew, Corn Bread, Peas & Carrots, Mixed Fruit	Diced Creamed Chicken, Corn, Slice of Bread, Apple	BBQ Pork Sandwich, Baked Beans, Pears
16 Pancake, Sausage Patty	17 Waffle, Bacon	18 Yogurt & Granola, Banana	19 WG Bagel, Peanut Butter, Strawberry Jam	20 Cereal, Cottage Cheese
Roast Pork, Peas, Applesauce Slice of Bread	Turkey, Mashed Potatoes w/ Gravy, Orange, Dinner Roll	Macaroni & Cheese, Carrots, Strawberries Slice of Bread	Pasta w/ Meat Sauce, Green Beans, Bread Stick, Blueberries	Cheeseburger, Mixed Vegetables, Peaches
23 Sausage, Egg & Cheese Biscuit	24 Oatmeal, Cheese Stick	25 Fruit Muffin, Sausage Links	26 Homemade Coffee Cake, Bacon	27 Cereal, Gogurt
Chicken Fajita, Peas, Pineapple	Scalloped Potatoes w/ Ham, Pudding Cup, Strawberry Applesauce, Dinner Roll	Biscuits & Gravy, Sweet Potato Tots, Orange	Cheeseburger on a WG Bun, California Blend, Pears	Hot Dog on a WG Bun, Baby Carrots w/ Ranch, Mandarin Orange
30 Sausage & Cheese Bagel Dorito Chicken, Corn, Peaches Fall Treat	31 Waffle, Bacon Pizza, Tater Tots, Apple Slices		1% MILK SERVED WITH EVERY MEAL Juice & Fruit served with every Breakfast	MENU SUBJECT TO CHANGE WG = Whole Grain Nutritional information is available in the office

October 2017

7-12 Menu

Mon	Tue	Wed	Thu	Fri
2 Ham/Cheese	3 Breakfast Pizza,	4 Scrambled Eggs/	5 Breakfast Slider,	6 Cereal, Breakfast
Biscuit	String Cheese	Ham, Bagel	Fruit Muffin	Cookie, Yogurt
BBQ Chicken/Bun, Tots, Baked Beans, Applesauce	Pizza, Salad/Dressings, Corn. Pineapple, Gogurt	Taco Tot Casserole. Green Beans, Mandarin Oranges, Garlic Bread	Turkey/Ham Sub, Carrots/Celery w/Dip, Pears, Dessert	NO LUNCH 11:30 DISMISSAL
9 NO	10 French Toast, Patty	11 Ham/Cheese Muffin Pizza	12 Breakfast Bake	13 Biscuits/Gravy
SCHOOL	Open Face Turkey Sandwich, Mashed Potato, Glazed Carrots, Pineapple	Cheeseburger/Bun, Coleslaw, Mixed Vegetables, Peaches, Cheez-Its	Cream Chicken/ Biscuit, Peas, Strawberries	Baked Potato Bar, Chicken or Ham, Broccoli, Mixed Fruit
16 Egg/Sausage/	17 Cheese Omelet,	18 Bacon/Egg/Tot	19 Apple Oatmeal,	20 Cinnamon Roll,
Cheese Muffin	Tri Tater	Bake	Sausage Links, Muffin	Fruit Parfait
Chicken Nugget Bake,	Hot Dogs/Bun,	Taco Wrap,	Chicken Dippers,	Beefy Noodles,
Green Beans,	Tri Tater,	Spanish Rice,	Stir Fry/Rice,	Peas & Carrots,
Applesauce,	Cheddar Harvest Chips,	Corn,	Mandarin Oranges,	Pears,
Garlic Stick	Peaches	Pineapple	Fortune Cookie	Garlic Toast
23 Pancake Sandwich	24 Apple Bosco,	25 Chocolate Chip	26 Cheesy Hash-	27 Breakfast
	Scrambled Eggs	Waffles, Sausage Patty	browns	Burrito, Yogurt
Chicken Alfredo,	Goulash,	Potato Soup,	Chicken Fajita, Peppers/Onions, Spanish Rice, Corn, Peaches	Cheesy Fries/w
California Blend,	Mixed Veg,	Cheesy Bread,		Nacho Meat,
Mixed Fruit,	Strawberries,	Green Beans,		Salad/Dressings,
Bread/Butter	Garlic Toast	Pineapple		Fresh Oranges
30 Pancake Wrap,	31 Cereal, Yogurt		1% MILK	MENU
String Cheese	Breakfast Cookie		SERVED	SUBJECT
Dorito Chicken, Glazed Carrots, Pears,	Ham/Potato Bake, Broccoli, Mixed Fruit,		WITH EVERY MEAL	TO CHANGE
Dinner Roll/Butter	Surprise Treat	SYS	Juice & Fruit served with every Breakfast	WG = Whole Grain Nutritional information is available in the office